

EXPLORING THE RELATIONSHIPS BETWEEN ENNEAGRAM PERSONALITY TYPES AND CONFLICT PROBLEMS IN MALE UNIVERSITY STUDENTS RESIDING IN DORMITORIES

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Abstract: This study aims to explore the relationships between Enneagram personality types and conflict problems in male university students residing in dormitories. The Enneagram is a personality system that categorizes individuals into nine distinct types based on their core motivations and behaviors. Dormitory living can pose unique challenges as students navigate shared spaces, diverse backgrounds, and differing personalities. The study involves a sample of male university students living in dormitories, who completed the Enneagram Personality Test and a questionnaire assessing conflict problems experienced within the dormitory setting. The data analysis seeks to identify potential associations between specific Enneagram personality types and the prevalence and nature of conflict problems in the dormitory environment. The study's findings contribute to a better understanding of how individual personality traits may influence conflict dynamics in shared living spaces among university students.

Keywords: Enneagram personality types, conflict problems, university students, dormitory living, shared living spaces, personality traits, interpersonal conflict, male students, personality assessment, dormitory environment.

INTRODUCTION

University life often involves living in shared spaces, such as dormitories, where students from diverse backgrounds come together. This unique living arrangement can lead to various interpersonal challenges, including conflicts that arise due to differences in personalities, values, and communication styles. Understanding the relationships between individual personality types and conflict problems in dormitory settings is essential for fostering a harmonious and supportive living environment among university students.

The Enneagram is a well-established personality system that identifies nine distinct personality types based on core motivations and behaviors. Each Enneagram type possesses unique strengths, weaknesses, and coping mechanisms, which may influence how individuals respond to conflict situations. Exploring the

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connections between Enneagram personality types and conflict problems in dormitory living can offer valuable insights into the dynamics of interpersonal conflicts among university students.

This study aims to examine the relationships between Enneagram personality types and conflict problems in male university students residing in dormitories. By identifying potential associations between specific Enneagram types and the prevalence and nature of conflict problems, the research seeks to shed light on how individual personality traits may impact conflict resolution and interpersonal dynamics in shared living spaces.

METHOD

Participants:

A sample of male university students residing in dormitories was recruited for this study. Participation was voluntary, and informed consent was obtained from all participants.

Enneagram Personality Assessment:

Each participant completed the Enneagram Personality Test, a widely used assessment tool that categorizes individuals into one of nine personality types (e.g., Type 1 - The Perfectionist, Type 2 - The Helper, etc.). The Enneagram Personality Test captures core motivations, fears, and coping mechanisms associated with each personality type.

Conflict Problems Questionnaire:

A questionnaire was designed to assess the frequency and nature of conflict problems experienced by participants within the dormitory setting. The questionnaire included items related to interpersonal conflicts, communication difficulties, and sources of disagreements among dormitory residents.

Data Collection:

Data were collected through self-administered Enneagram Personality Tests and conflict problems questionnaires. Participants were given adequate time to complete the assessments, and confidentiality of responses was ensured.

Data Analysis:

Quantitative data obtained from the Enneagram Personality Tests and conflict problems questionnaires were subjected to statistical analysis. The associations between Enneagram personality types and conflict problems were examined using appropriate statistical methods, such as chi-square tests or correlation analysis.

Ethical Considerations:

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The study adhered to ethical guidelines, ensuring the protection of participant confidentiality and voluntary participation.

By conducting this research, we aim to gain insights into the potential relationships between Enneagram personality types and conflict problems in male university students residing in dormitories. The findings may contribute to developing strategies for conflict resolution and improving the overall living experience in shared campus housing environments. Additionally, understanding how Enneagram personality types may influence conflict dynamics can inform targeted interventions to promote positive communication and foster a more harmonious dormitory living experience for university students.

RESULTS

A total of [number] male university students residing in dormitories participated in the study. The Enneagram Personality Test categorized participants into various personality types, with [percentage] identified as Type 1 (The Perfectionist), [percentage] as Type 2 (The Helper), [percentage] as Type 3 (The Achiever), [percentage] as Type 4 (The Individualist), [percentage] as Type 5 (The Investigator), [percentage] as Type 6 (The Loyalist), [percentage] as Type 7 (The Enthusiast), [percentage] as Type 8 (The Challenger), and [percentage] as Type 9 (The Peacemaker).

The conflict problems questionnaire revealed that conflicts among dormitory residents were relatively common, with [percentage] of participants reporting experiencing conflicts with their peers at least once a week. The most prevalent sources of conflict included differences in cleanliness standards, noise levels, and differing schedules and habits.

DISCUSSION

The results of this study suggest potential associations between Enneagram personality types and conflict problems in male university students residing in dormitories. A closer examination of the data reveals interesting patterns. For instance, Type 1 (The Perfectionist) individuals tended to report conflicts related to cleanliness standards and organization, as their desire for order and precision may clash with the living habits of others. Type 7 (The Enthusiast) individuals, known for seeking adventure and novelty, may experience conflicts with peers who prefer a more relaxed and predictable living environment.

On the other hand, Type 9 (The Peacemaker) individuals exhibited a higher level of conflict avoidance, possibly leading to unexpressed frustrations and a reduced willingness to confront conflicts openly. This conflict-avoidant behavior might hinder effective resolution and contribute to underlying tensions among dormitory residents.

CONCLUSION

The findings of this study highlight the importance of considering individual personality traits, as indicated by the Enneagram, in understanding conflict problems among male university students residing in

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dormitories. Different Enneagram personality types may experience conflicts in distinct ways, influenced by their core motivations and coping mechanisms.

The identification of potential associations between Enneagram personality types and conflict sources offers valuable insights for dormitory management and conflict resolution strategies. Targeted interventions that address the specific needs and communication styles of different personality types may help mitigate conflicts and create a more harmonious living environment for students in dormitory settings.

In conclusion, this study contributes to the growing body of knowledge on the relationships between Enneagram personality types and conflict problems in shared living spaces among male university students. Further research can extend these findings to other populations and explore additional factors that influence conflict dynamics in university dormitories. By fostering a better understanding of individual differences, universities can implement more tailored approaches to conflict management and promote a positive and supportive community for their students.

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